

# PRESCRIPTIONS

BOONE COUNTY MEDICAL SOCIETY



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# BOONE COUNTY MEDICAL SOCIETY



*Prescriptions* is published monthly for members of the Boone County Medical Society (physician members in Boone, Cooper and Howard Counties) Deadline for submission of materials is the first of each month preceding publication.

\*Disclaimer: BCMS does not assume responsibility for the statements of authors and opinions expressed are not necessarily those of *Prescriptions* or the BCMS nor should publications or advertisements be considered an endorsement by the BCMS.

## TO TELL US WHAT'S ON YOUR MIND!!!

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# PRESCRIPTIONS

VOLUME: 32 ISSUE: 3

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### **PRESCRIPTIONS MISSION STATEMENT:**

**“The Boone County Medical Society *“Prescriptions”* is to be used for communication among its members; to inform members of activities, highlight membership concerns and promote camaraderie. It is also intended as a forum to address community health needs.”**

**GEORGIAN MEDICAL ASSOCIATION**  
**11 A NUTSHBIDZE STREET # 12, TBILISI, GEORGIA, 0160**

Bridget Early, M.D  
President  
Boone County Medical Society  
Columbia, Missouri

Dear Dr Early,

**CONGRATULATIONS TO YOU AND YOUR INCOMING OFFICERS ON YOUR ELECTION TO LEAD THE BCMS IN 2015. EVERYONE AT THE GEORGIAN MEDICAL ASSOCIATION(GMA) WISHES YOU A PRODUCTIVE YEAR OF SERVICE.**

**ALSO CONGRATULATIONS ON THE 20<sup>TH</sup> YEAR PARTNERSHIP AMONG ACTS, BCMS AND GMA.**

I personally remember with great pleasure the 1995 delegation when ACTS brought the leaders of Georgian medicine to Columbia and our partnership was founded.

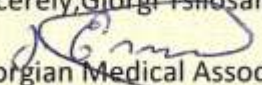
During these past 20<sup>th</sup> many significant programs that we have implemented together had saved hundreds of Georgian lives. For this strong work we thank you

These programs include:

- Urgently needed medical supplies with ACTS and US State Department 1992-2014 have provided \$535 million in urgently needed medications, medical supplies and equipment
- Georgian Children's diabetic education camp
- Sight Saving Corneal Transplant program
- Breathing Life into Georgian Babies
- Refugee Art Therapy program
- First Ever Physician Ethics resource book

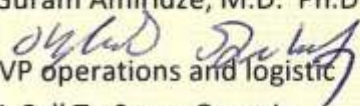
The Georgian Medical Association and ACTS look forward to many more years of partnership and hope that you and your members will work to plan a joint medical conference in Georgia in the next 1-2 years

Sincerely, Giorgi Tsilosani, M.D. PhD.

  
Georgian Medical Association

Honorary member Boone county Medical Society

Guram Amiridze, M.D. Ph.D

  
VP operations and logistic

A Call To Serve Georgia

# 2015 BCMS OFFICERS & BOARD

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Family Medicine  
Namaste Health Care



Hung Winn, Pres Elect  
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Raghav Govindarajan  
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Steve Keithahn  
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University of Missouri



Ashish Nanda  
Neuro/Stroke Mgmt  
University of Missouri



John Cowden, 2014 Doctor of the Year



Frank Rieger presenting Dr. Cowden



Dr. Cowden, his wife, Pat, daughter and son-in-law



50 year certificate  
Charles Barbee



50 year certificate  
Kulangara Zacharias

# 2015 GALA

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Oath of Officers & Board



Mizzou Medical Students





Georgian Wine Toast



Dr. Ted Groshong with dagger presented by Georgian Medical Association



Drs. Trish Blair (ACTS Pres), Guram Amiridze, Magda Esebua

MSMA Physician of the Day: Thanks to **Steve Keithahn** for volunteering at the Capitol as a Physician of the Day during the White Coat Rally.

BCMS Delegates: Many thanks to the following physicians that will represent BCMS as delegates at the MSMA Convention in April:

- Wilma Rajcher**
- Richard Heimburger**
- Mila Cunningham**
- Lisa Thomas**
- Bridget Early**
- Steve Keithahn**
- George Parkins**
- Raghav Govindarajan**
- Ted Groshong**



- 3/01 Barry Gainor
- 3/01 Stephen Keithahn
- 3/02 Dana Bal
- 3/04 Elizabeth A. Peters
- 3/05 Daniel Lamonthe-Jost
- 3/06 James A. Roller
- 3/06 Theodore J. Choma
- 3/07 Boyd E. Terry
- 3/08 Erik Grossmann
- 3/08 Tony Spaedy
- 3/09 Dana M. King
- 3/15 Ronald Carter
- 3/17 Norman S. Litofsky
- 3/17 J. Camp Newton
- 3/18 Howard Houghton
- 3/19 M. Marga Dick
- 3/20 R. Raymond Cunningham
- 3/23 Raghav Govindarajan
- 3/24 Joseph Parks
- 3/24 Lenard L. Politte
- 3/24 Les W. Hall
- 3/26 Lynn Puckett
- 3/27 Kurt T. Bormann

## Fulton State Hospital Cultural Competence Council Presentations

Fulton State Hospital's (Jane Bierdeman-Fike Bldg D) Cultural Competence Council is sponsoring three presentations on March 10 and 11 relating to improved awareness and recognition for LGBTQ (Lesbian, gay, bisexual, transgender and queer) issues. These presentations are meant to be "community conversations". They could be helpful to any mental health or medical professional.

**March 10 1:00pm-4:00pm**

LGBTQ Assumptions, Healthcare and Work Issues, Bullying and Violence

**March 10 6:00pm-9:00 pm**

LGBTQ Bullying; Violence and Homicide

**March 11 9:00am-12:00pm**

Grief and Loss in the LGBTQ Community; Transgender issues; LGBTQ issues for healthcare providers.

No cost to attend. No registration needed.  
Questions? Call Fulton State Hospital:  
(573) 592-4100

## MONTHLY RETIRED PHYSICIAN LUNCHEON

Retired physician luncheon meets on the 3rd Wednesday of each month at 12:00PM (noon)

**Teppanyaki Grill & Buffet**  
908 Interstate 70 Drive SW  
Columbia, MO 65203

No reservation needed  
just show up.



**MSMA WHITE COAT  
RALLY DAY  
February 24, 2015**

Physicians across the state traveled to Jefferson City to advocate for commonsense caps on non-economic damages for MSMA's White Coat Rally Day.

Attendees were welcomed by Speaker of the House, John Diehl. Rep. Eric Burlison, sponsor of the MSMA tort reform effort, spoke and Rep. Keith Frederick, D.O. provided pointers on how to be effective advocates. After lunch the group

heard testimony on a number of bills, including S.B. 239 (the MSMA tort reform bill sponsored by Sen. Dan Brown). Four physicians from across the state testified on behalf of MSMA and their specialty societies. Following these physician witnesses, representatives from hospitals, insurance companies and defense lawyers testified. (The trial attorneys were the only opposition to the bill.)\* Expecting to have debate on the Senate floor after this bill comes out of Committee. The House version is on the House calendar for debate soon.

\*Note: This information was current at the time this issue of *Prescriptions* was sent to the printer.

Credit: Information & Photo - MSMA



**2015 Annual  
Convention**



**FREE** Convention Registration  
CME to MSMA Members

**Friday, April 17 ♦ Saturday, April 18  
Sunday, April 19  
Westin Crown Center  
Kansas City**

[www.msma.org/annualconvention](http://www.msma.org/annualconvention) for more information



**BOONE COUNTY  
MEDICAL SOCIETY  
ALLIANCE**

One of the projects of the Alliance is to serve dinner for the residents of the Ronald McDonald House. They will be doing this again on March 17. The following pictures are from their January 20 meal.

Thank you for serving this much appreciated meal to residents.



Julia Norregaard



Donna Brooks

**Every 4<sup>th</sup> Friday** meet with the Alliance for their special interest writers group (AWG) from 1-3. **Congratulations** to Leila Willmore for putting her treasured family memoir book together using Shutterfly. **Congratulations** also to Kathie Lucas for writing, directing and producing the Museum of Art and Archaeology 15 minute highlights video tour (view at [maa.missouri.edu](http://maa.missouri.edu)). Very talented ladies.

**UPCOMING  
EVENTS**

**MARCH 2 9:30am:** Meeting was held at the home of Shirley Pierce for a chat with Nancy Russell on “Boone County History and Ways to Preserve our Local Heritage”.

**APRIL 13, 10:00am:** Downtown Art Walking Tour with local artist, Susan Burns. Meet at Orr Street Studios, 106 Orr Street, Columbia.



Leslie Meyer

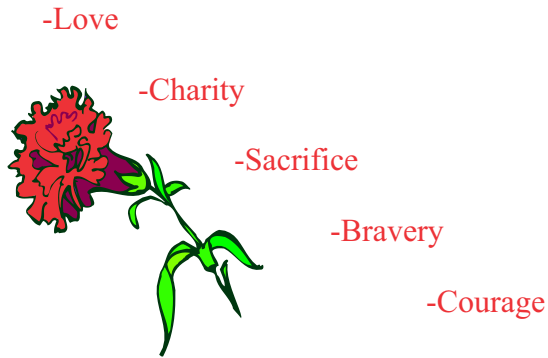
# DOCTORS' DAY

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March 30, 2015

## THE RED CARNATION SYMBOL OF DOCTORS' DAY

Red denotes:



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The analogy of the carnation is closely woven in medical science, so it is only fitting that this flower, so tailored by nature with its spicy scent, was chosen as the symbol of Doctors' Day.

The flower -- its meaning:

Divine -- Rejoicing being said to have appeared on earth for the first time when Christ was born.

Crown coronation denotes honorary distinction.

Its spicy fragrance was used in seasoning dishes "to preserve the body of men, both in mind and spirit."

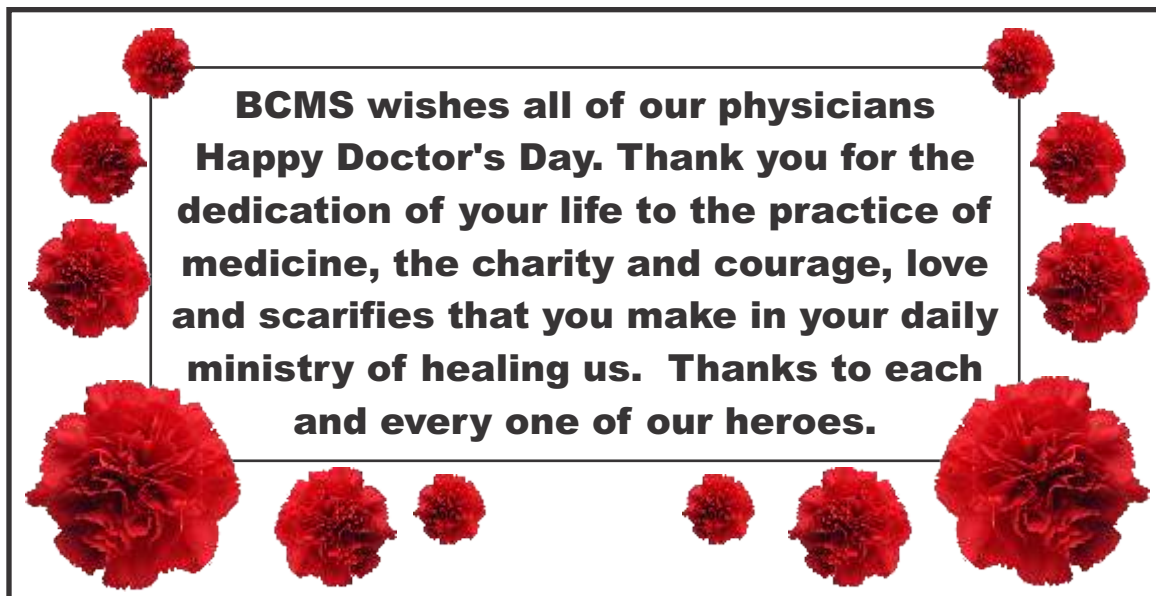
From the juice of its petals, a wine was made "that did comfort the heart of man."

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The first Doctors' Day observance was March 30, 1933. Eudora Brown Almond, wife of Dr. Charles Almond, wanted to honor the date that their famous Georgian, Dr. Crawford Long, used ether anesthesia (3/30/1842) to remove a tumor from his patient's neck and also to show respect and appreciation of the noble achievements of this profession.

This first Doctors' Day was only celebrated in the Barrow County Georgia Medical Society by the Alliance through mailing cards to physicians and their wives and by placing flowers on the graves of deceased doctors, including Dr. Long's.

The US House of Representatives adopted a resolution commemorating Doctors' Day on March 30, 1958. In 1990 Congress overwhelmingly approved legislation establishing a National Doctors' Day and then President George H. W. Bush signed the resolution. The first National Doctors' Day was celebrated on March 30, 1991.



**Boone County Medical Society  
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