

PRESCRIPTIONS

— BOONE COUNTY MEDICAL SOCIETY —



ON THE INSIDE:

Page 3	2016 BCMS Officers and Board
Page 4 & 5	2016 Gala Photos
Page 6	Letters to the Editor
Page 10	Gala: ACTS Photos

BOONE COUNTY MEDICAL SOCIETY



Prescriptions is published monthly for members of BCMS (physician members in Boone, Cooper and Howard Counties). Deadline for submission of materials is the 15th of each month preceding publication.

MISSION:

The Boone County Medical Society's mission is to support the physicians of Boone, Howard and Cooper Counties and others across the State of Missouri in their efforts to provide high quality patient-centered care.

VISION:

The Boone County Medical Society will be an indispensable unifying voice for the physicians in Boone, Howard and Cooper Counties in:

- ⌘ Providing high quality continuing medical education.
- ⌘ Advocating for the physicians and patients of Boone, Howard and Cooper counties as well as others across the State of Missouri and
- ⌘ Providing mentorship for the next generation of physicians through professional development and active participation in organized medicine.

VALUES:

The Boone County Medical Society will embrace the values of leadership, professionalism, collegiality, advocacy, transparency, inclusiveness and fairness while pursuing its vision and mission.

PRESCRIPTIONS

VOLUME: 33 ISSUE: 3

OFFICERS

President

Hung Winn, M.D.

President Elect

Raghav Govindarajan, M.D.

Secretary/Treasurer

Frederick Fraunfelder, M.D.

Immediate Past President

Bridget Early, M.D.

Board Members

John Pardalos, M.D., Mark Janzen, M.D.,
Steve Keithahn, M.D., Ashish Nanda, M.D., Larry Lampton, M.D.,
Alan Hillard, M.D., Amy Zguta, M.D.

MU AMA-MSS BCMS Liaison

Mitchell Padkins, Nick Arnold

MSMA

Jerry Kennett, M.D., Past-President
Jerry Murrell, M.D., Past-President
Joseph Corrado, M.D., Councilor, Dist. V
George Hubbell, M.D., Councilor, Dist. V
Lisa Thomas, M.D., Vice Councilor, Dist. V

MO AMA Delegate

Ted Groshong, M.D.

AMA Council on Legislation & MSMA Council on Judicial and Ethical Affairs

Jerry Kennett, M.D.

***Prescriptions* Editor**

Steven Westgate, M.D.

Managing Editor/BCMS Executive Director

Beverly Wilcox

Boone County Medical Society

Box 196, Columbia, MO 65205

(573) 814-1894

bcms@socket.net

www.boonecountymedicalsociety.org

2016 BCMS OFFICERS & BOARD



Hung Winn
President
OB/GYN - MU



Raghav Govindarajan
Pres Elect
Neurology - MU



Frederick Fraunfelder
Secretary / Treasurer
Ophthalmology - MU



John Pardalos
Neonatology
MU Children's



Mark Janzen
Vascular Surgeon
MU



Steve Keithahn
IM & Peds
MU



Ashish Nanda
Neuro/Stroke Mgmt
MU



Alan Hillard
Radiology
Columbia Radiology



Larry Lampton
IM - Central Mo
Med Assoc



Amy Zguta
Ophthalmology
Col Eye Consult

2016 GALA



John Stanley, MSMA President, Performing the Oath of Officers & Board





Patrick Smith, 2015 Doctor of the Year



Patrick and Karen Smith



Dr. and Mrs. Smith and their family.



50 year certificate
Gilbert Ross



Dr. Winn presenting 50 year certificates
to Gilbert Ross and Lawrence Lampton

LETTERS TO THE EDITOR

Ladenson Scholarship Recipient: Kristen Killen

Dear Boone County Medical Society
Thank you so much for awarding me the Ladenson Scholarship. I am honored to receive the award. I appreciate your support + investment in my education. I hope to be able to meet & thank you in person soon.
Thanks again,
Kristen Killen

BCMS Scholarship Recipient: Samuel Thompson

SAMUEL THOMPSON
Dr. Early,
I was thrilled to receive your letter that I had been awarded the 2015 Boone County Medical Society scholarship. I greatly appreciate the society's commitment to supporting medical education, and I am extremely grateful to have been selected for the scholarship. This coming April my wife and I will be spending three weeks volunteering at Tenwek hospital, a mission hospital in rural southwestern Kenya. Your generosity has made that trip possible, and for that I am very grateful.
I would love to say thank you in person, but unfortunately I will be out of town the weekend of January 23rd for a residency interview.
Sincerely,
Samuel

JOHNS HOPKINS
UNIVERSITY

Endocrinology and Metabolism
1830 E. Monument Street / Suite 333
Baltimore, MD 21287
Office (410) 955-3663 / FAX (410) 955-8172
Patient Appointments (410) 955-9270
Email: ladenson@jhmi.edu

Paul W. Ladenson, M.D.
Director
John Eager Howard Professor of Medicine

November 9, 2015

Bridget Early, M.D., President
Boone County Medical Society
P.O. Box 196
Columbia, MO 65205

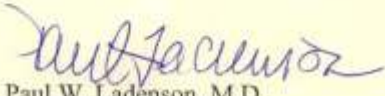
Dear Dr. Early,

Thank you for your November 3 letter regarding the selection of Kristen Allcorn Killen as recipient of the Society's 2015 Roland and Virginia Ladenson Scholarship. She is obviously a splendid medical student with a promising future in primary care medicine.

Our father and mother would be so pleased about the recognition of this outstanding medical student. My siblings and I are most grateful for the Society's effective stewardship of this scholarship fund in their memory.

With our warm appreciation and best wishes,

Sincerely,


Paul W. Ladenson, M.D.

PWL:so

cc: Mr. Reid B Ladenson
Mrs. Ann A.L. Garrison

2016 BCMS RESOLUTION TO MSMA CONVENTION

PHYSICIAN RIGHT OF CONSCIENCE FOR HEALTHCARE

BCMS ENDORSES FOR 2016 MSMA CONVENTION

WHEREAS many physicians have gone to medical school altruistically with a deep desire to help people, particularly those who are ill or disabled. Through many years of education and training they are expected to have compassion and knowledge of disease and disability for which they are educated and trained in many ways to differentiate and apply the best treatment, and

WHEREAS governments, hospitals, pharmaceutical and other industries intend to help but often place their priorities on other issues including financial, politics, expediency, and convenience. At times these priorities conflict, so the patient suffers, and the physician who has been hired to care for him or her is often placed in an uncompromising position which the physician conscientiously believes would injure or defeat the planned treatment, and

WHEREAS there are 5 physicians practicing in St. Louis or Columbia attending this convention who will speak at the last session Sunday morning. The Christian Medical Association participants will tell us why their faith and conscience are important in treating their patients, particularly in our belief that God helps in the healing process and some patients get well remarkably faster with prayer, compassion, and other supportive measures, and

WHEREAS the doctor – patient relationship is a very personal, sacred trust and covenant which should be preserved with minimum of interference from business, corporate, financial, religious, bureaucratic, government and institutional limitations, and practitioners right to decline care applies to particular treatments, not to individual patients or classes of patients, and

WHEREAS the principle of “subsidiarity” which states that “a community of a higher order should not interfere in the internal life of a community of a lower order, depriving the latter of its functions, but rather should support it in case of need and help to coordinate its activity with the activities of the rest of society, always with a view to the common good.” This supports the doctor-patient relationship as the best source of individual health care, and

WHEREAS the preservation of opportunity for physicians to act in accordance with the dictates of their conscience in their professional practice is also important for preserving the integrity of the whole medical profession as well as the integrity of the individual physician.

THEREFORE, be it resolved that MSMA respect and encourage physicians and their associates to practice by their conscience in providing exemplary moral ethics including the virtue ethics of honesty, compassion, responsibility, perseverance, and hope.

Written by:

Richard A. Heimbürger, M.D., FACS
Retired Clinical Professor of Surgery (plastic)
St. Louis University School of Medicine

Dr. Heimbürger submitted Resolution to MSMA February 1, 2016
BCMS Board endorsed his Resolution February 1, 2016



BCMS ALLIANCE

By Kathie Lucas and Julia Norregaard

Whether we're cycling through a scenic countryside, cooking dinner together, sharing money management techniques, playing bridge or enjoying our other varied interest groups, the Boone County Alliance members are forming strong bonds of friendship and support. Our interest groups are free of charge and are open to all local medical spouses. Through them we aim to strengthen the fabric of our medical community by providing spouses with opportunities to affiliate, appreciate and enrich one another.

Our BCMS Alliance monthly meetings offer additional camaraderie, interesting speakers and a forum for carrying on both the business of our organization and the philanthropic projects we hold dear.

In the recent years we've financially sponsored PhyZOU, MedZOU and the Missouri Mission of Mercy. Each of these organizations enhance our mission by providing free healthcare related services to members of our community.

We eagerly welcome new members! For further information on membership in BCMSA or on our special interest groups, please contact Julia Norregaard or Kathie Lucas

Also check us out on Facebook at www.facebook.com/boonecountyma

UPCOMING MEETINGS

March 7 9:30 a.m.
Cherie Doyen, Local Author and Hairstylist
"Surviving to Joy"
At the home of Cathy Baird

April 4 5:00 p.m.
Dr. Kristin Oliver
"Peace, Love & PRP"
At the home of Julia Norregaard

May 2 10:00 a.m.
Installation of New Officers/luncheon
At the home of Jennifer Mellitt

More info on these meetings can be located on their Facebook page

BCMSA Membership Form

Name: _____

Address: _____

City, Zip: _____

Phone: _____

Email: _____

Spouse's Name: _____

Their Specialty: _____

Mail check made payable to Boone County
Medical Society Alliance to Donna Brooks, 3712
Teakwood Dr., Columbia, MO 65203

Dues:

State and Local \$60.00

Nationals, State and Local 110.00

Resident/Med Student Spouse 20.00

For couples rates check out their facebook page.

MONTHLY RETIRED PHYSICIAN LUNCHEON

Retired physician luncheon meets
on the 3rd Wednesday of each
month at 12:00PM (noon)

Arris' Pizza

1020 E Green Meadows Rd #102
Columbia, MO 65201

No reservation needed,
just show up.



**HONORARY MU ALUMNI
AWARD: JOHN COWDEN**

John Cowden, M.D., FACS, professor of ophthalmology at the University of Missouri School of Medicine, will be presented with the Honorary Alumni Award March 17 by the MU Medical Alumni Organization.

This special honor recognizes Dr. Cowden’s extensive contributions to the University, which include serving as Chairman of the Ophthalmology Department and the Ophthalmology Fellowship Program. His distinguished service to the community includes being Medical Director of the Lions Eye Research Bank along with his international leadership through A Call To Serve (ACTS) International in establishing the first Georgian law on corneal transplants and training two outstanding Georgian physicians in the complex techniques of corneal transplant surgery.

Because Georgia had no organ donation tradition, sustaining the corneal transplant program required providing corneas for transplants through the Lions Eye Research Bank. These corneas were hand-carried from Missouri to Georgia by ACTS medical team members over a 15-year period. Each cornea has been successfully transplanted in a Georgian patient by the Cowden-trained ophthalmologists, providing a priceless gift to those who previously had no hope of regaining their sight. With these successful transplants, the Georgian patients regained their ability to participate fully in family and community activities.

Thank you, Dr. John Cowden, for making a lasting difference in the lives of 142 Georgian patients, their families and communities, and for enabling Georgian physicians to better serve their patients through your generous sharing of knowledge and resources.

Dr. Cowden is a BCMS Past President and 2014 Doctor of the Year.



**NATIONAL GOLDEN APPLE
AWARD: RAGHAV
GOVINDARAJAN**

Raghav Govindarajan, MD, an assistant professor of neurology at the University of Missouri School of Medicine and a neurologist at MU Health Care, will receive the National Golden Apple Award for Teaching Excellence by the American Medical Student Association. He will be recognized during the 2016 AMSA Convention and Exposition on Friday, April 1, in Washington, D.C.

The award honors a medical school professor who has made a significant impact, improvements or advancements in medical education. Govindarajan was selected based on nominations from MU medical students and AMSA members.

“This is a much-deserved honor for a superb teacher and a reflection of his excellent education style and abilities,” said Pradeep Sahota, MD, chair of the MU School of Medicine Department of Neurology. “Students consistently seek out opportunities to work with Dr. Govindarajan in a clinical setting.”

“To be recognized based on the input of our medical students makes this award truly special,” Govindarajan said. “We have many deserving educators at our medical school, and to receive this award is an honor.”

Since 1996, the Golden Apple Award for Teaching Excellence has highlighted medical school professors who are committed to the advancement or improvement of medical education.

*Reprinted from MU School of Medicine News
release February 2, 2016*



Magda Esebua, John Pardalos, Trish Blair and Sarah Luebbert, MSMA Field Director

SAVING BABIES LIVES

Missouri physicians this summer traveled to the country of Georgia to conduct neonatal resuscitation training for Georgian Physicians. The country of Georgia has the highest stillbirth and neonatal death rates in all of Europe.

PLEASE Make a \$35 tax deductible donation to send a neonatal resuscitation Training textbook to the Georgian physicians in their own unique language.



American Academy of Pediatrics text translated into Georgian language

Make checks to **A Call To Serve**

Send to:
Boone County Medical Society
PO Box 196
Columbia, MO 65205

**Boone County Medical Society
Box 196
Columbia, MO 65205-0196**

Return Service Requested

Presorted
Standard
U.S. Postage
PAID
Columbia, MO
Permit 148

