

PREScriptions

— BOONE COUNTY MEDICAL SOCIETY —



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BOONE COUNTY MEDICAL SOCIETY



Prescriptions is published monthly for members of BCMS (physician members in Boone, Cooper and Howard Counties). Deadline for submission of materials is the 15th of each month preceding publication.

MISSION:

The Boone County Medical Society's mission is to support the physicians of Boone, Howard and Cooper Counties and others across the State of Missouri in their efforts to provide high quality patient-centered care.

VISION:

The Boone County Medical Society will be an indispensable unifying voice for the physicians in Boone, Howard and Cooper Counties in:

- ⌘ Providing high quality continuing medical education.
- ⌘ Advocating for the physicians and patients of Boone, Howard and Cooper counties as well as others across the State of Missouri and
- ⌘ Providing mentorship for the next generation of physicians through professional development and active participation in organized medicine.

VALUES:

The Boone County Medical Society will embrace the values of leadership, professionalism, collegiality, advocacy, transparency, inclusiveness and fairness while pursuing its vision and mission.

PRESCRIPTIONS

VOLUME: 33 ISSUE: 10

OFFICERS

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MO AMA Delegate

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AMA Council on Legislation & MSMA Council on Judicial and Ethical Affairs

Jerry Kennett, M.D.

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ACA's Non-Discrimination Rule Goes Into Effect

The U.S. Department of Health and Human Services (HHS) has issued a final rule implementing Section 1557 of the Affordable Care Act of 2010. The law and the rule prohibit health care providers from refusing to treat or otherwise discriminate against any individual based on race, color, national origin, sex, age, or disability. The rule applies to any entity that provides or administers health-related services and receives funding or financial assistance from HHS. This includes Medicare (except payments from Medicare Part B are excluded), Medicaid, CHIP, meaningful use payments, and insurance plans issued through federal Health Insurance Marketplaces. Thus, most Missouri physicians and physician practices are included.

The new rule imposes several significant obligations on physician practices and other covered entities that cannot be ignored.

All Physician Practices

○ **By October 16, 2016**, all covered entities, no matter how large or small, must post notice in a conspicuous place informing individuals that the entity/practice does not discriminate on the basis of race, color, national origin, sex, age, or disability. The notice must include instructions on how to file a discrimination complaint with the U.S. Department of Health and Human Services.

○ **By October 16, 2016**, all covered entities, no matter how large or small, must also post notice in a conspicuous place informing individuals – in the 15 most-common languages spoken in Missouri – that the practice offers free, accurate, and timely language assistance to individuals with limited English proficiency, and that the practice offers free auxiliary aids and services for individuals with disabilities (e.g., blind, deaf, or mute).

○ **By October 16, 2016**, all covered entities must include both of the foregoing notices “in a conspicuously-visible font size” in any “significant publications and significant communications targeted to beneficiaries, enrollees, applicants, and members of the public.” Significant publications and communications that are “small-sized,” such as postcards and tri-fold brochures, must contain the foregoing non-discrimination statement, and the language assistance statement in the two most-common languages spoken in Missouri by individuals with limited English proficiency.

○ **By October 16, 2016**, all covered entities must include the foregoing notices in a conspicuous place on the entity’s website, accessible from the website’s home page.

○ And all covered entities must file an assurance of compliance with the HHS Office of Civil Rights (this is typically done when you apply to participate in a federal assistance program, such as Medicare).

MSMA Usable forms are available on their website at www.msma.org.

Physician Practices with 15 or More Employees

In addition to all of the above, entities or practices with 15 or more employees must designate at least one employee to coordinate compliance and investigate any grievances. The practice must also adopt formal grievance procedures “that incorporate appropriate due process standards and provide for the prompt and equitable resolution of grievances.” Instructions on how to access that grievance process must be included in the posted non-discrimination notifications. Usable forms are linked below.

Services to Individuals with Limited English Proficiency or Disabilities

All covered entities or practices must take reasonable steps to provide “meaningful access” to every individual. This includes the use of interpreters – either through a remote interpreting service or on-site appearance – for individuals with disabilities, and for individuals with limited English proficiency. These services must be

provided free of charge, must be timely and accurate, and must protect the privacy and independence of the individual. The entity cannot require an individual to provide his or her own interpreter, and cannot rely on an adult accompanying the individual unless that individual specifically requests it. The entity cannot rely on any minor for interpreting services. And the entity cannot rely on facility staff unless the staff is fully qualified to serve as an interpreter.

Penalties

Violation of federal non-discrimination laws and the new HHS rules could subject individuals to significant penalties, including suspension or expulsion from all federal assistance programs, legal proceedings brought by the U.S. Department of Justice, and individual civil lawsuits against the entity or practice for compensatory damages occasioned by any violation.

Notification Documents

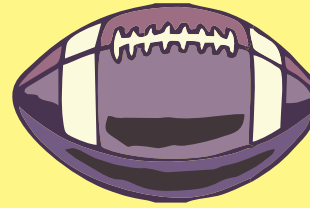
MSMA has developed some sample notifications to help you comply with the new rules. On their website (www.msma.org) you will find these documents and their instructions.

MONTHLY RETIRED PHYSICIAN LUNCHEON

Retired physician luncheon meets on the 3rd Wednesday of each month at 12:00PM (noon)

Arris' Pizza
1020 E Green Meadows Rd
#102
Columbia, MO 65201

No reservation needed,
just show up.



Boone County Medical Society & Boone County Medical Society Alliance

6th Annual Family Football Tailgate

Mizzou vs. Kentucky

October 29th, 2016

When: 2 Hours Before Game Time



Where: Lot D - Look for BCMSA Flag and Banner

To RSVP by 10/24 or for more information please contact bcms@socket.net

BCMS GENERAL MEMBERSHIP/CME MEETING

September 13, 2016
Les Bourgeois

Presentation by
Erol Amon, MD, JD from St Louis University
Anatomy of a Lawsuit



Protecting Yourself During Litigation

- Prepare case analysis to educate your attorney
- Become an expert and share your expertise on the medical issues in the case by a thorough reading of the literature
- Honestly evaluate strengths and weaknesses
- Identify controversies in management
- Remain level-headed and calm
- Identify leading experts in the issues in question

Even the Best of Physicians Are Destined to Be Sued

Therefore

- **Know** the basic law of professional negligence
- **Know** the basics of litigation and what questions to ask
- **Practice** the very best medicine you know
- **Document** accurately, thoroughly, and timely
- **Communicate** personally and professionally



**COMPLETE 2017 VERSIONS
OF ICD-10 and ICD-10-PCS
AVAILABLE at cms.gov**

The 2017 ICD-10-CM and ICD-10-PCS code updates, including a complete list of code titles are available on the 2017 ICD-10-CM and GEMS and 2017 ICD-10-PCS and GEMS WebPages. The posted files contain the complete versions of both ICD-10-CM (diagnoses) and ICD-10-PCS (procedures).

The following resources are also available for 2017:

- ★ General Equivalence Mappings (GEMs) – Diagnosis Codes
- ★ ICD-10-CM Guidelines
- ★ General Equivalence Mappings (GEMs) – Procedure Codes
- ★ ICD-10 PCS Coding Guidelines
- ★ Present on Admission (POA) Exempt Codes

Visit the ICD-10 website for the latest news and official resources, including the Next Steps Toolkit, Quick Start Guide, and a contact list for provider Medicare and Medicaid questions.

*Medicare Learning Network – Provider eNews
August 18, 2016*



**OZARK MOUNTAIN TALK
Ozarkian Medical Terminology
for the Layman**

Artery.....	The study of fine painting
Barium.....	What you do when CPR fails
Cataract.....	An expensive luxury automobile
Cesarean Section.....	A district in Rome
Colic.....	A sheep dog
Coma.....	A punctuation mark
Congenital.....	Friendly
Dilate.....	To live longer
Fester.....	Quicker
GI Series.....	Baseball games between teams of soldiers
Grippe.....	A suitcase
Hangnail.....	A coat hook
Medical Staff.....	A doctor's cane
Minor Operation.....	Coal digging
Morbid.....	A higher offer
Nitrate.....	Lower than the day rate
Node.....	Was aware of
Organic.....	Musical
Outpatient.....	A person who has fainted
Post Operative.....	A letter carrier
Protein.....	In favor of young people
Secretion.....	Hiding anything
Serology.....	The study of English knighthood
Tablet.....	A small table
Tumor.....	An extra Pair
Urine.....	Opposite of you're out
Varicose Veins.....	Veins which are very close together

*From the placemat archives of Witmor Farms
Restaurant in Waynesville, MO*

Welcome New Members

Mohammad T. Agha, M.D. PM
1100 Virginia Ave.
Columbia, MO 65212

Congratulations to:

Lisa Thomas for her appointment as an MSMA Councilor to MSMA's Physicians Health Committee.

Joseph Corrado, our 5th District MSMA Councilor Vice Chair, for his appointment to the MSMA Commission on Public Affairs.

S. Hasan Naqvi has been named Associate Chief Medical Officer at MU Health Care. Dr. Naqvi has been Director of the Division of Hospital

Medicine at the MU School of Medicine. Dr. Naqvi presented a CME meeting for us on March 1, 2016 on Islamic Perspective in Modern Medicine.

Gilbert Wilshire for his position on the Missouri Physicians Health Program's Physicians' Health Committee

Last Update on **Trish Blair**: She is trying to manage the normal side effects of chemo. Fluid does not seem to be re-accumulating in her abdomen and lungs as quickly. She tires easily. Chemo is scheduled every week for the next 2-3 months. Prayers are appreciated for white blood cell counts to remain about 1500 and for red blood cells to be healthy/strong and resistant to anemia. Still appreciates your cards and notes: 107 W. Burnam, Columbia, MO 65203



HAPPY BIRTHDAY TO OUR MEMBERS SEPTEMBER / OCTOBER



9/03	W. Kirt Nichols	10/11	Gilbert Ross
9/03	Juan Jose Pineda	10/11	Peter Koopman
9/07	Diane T. Brukart	10/13	Marc Borenstein
9/07	David Pittman	10/14	Paul Thompson
9/07	John Jarstad	10/15	George Prica, Jr.
9/08	Sanjeev D. Ravipudi	10/15	James Zaner
9/13	Don J. Gibson	10/16	Kulangara Zacharias
9/14	Michael Richards	10/19	David L. Brown MD
9/15	John W. Yarbro	10/19	Laurie B. Fowler
9/17	Charles P. Bondurant	10/19	Chris Martin
9/20	Cathy Jo Cody	10/20	Jerry Murrell
9/22	Anne B. Fitzsimmons	10/20	Robert M. Thomas
9/27	Kari Martin	10/20	Lowell D. Schoengarth
9/28	Robert P. Zitsch III	10/20	Jonathan Musco
9/29	Frederick Fraunfelder	10/20	William Underwood
9/29	Blake J. Brooks	10/21	Trisha A. Taylor
9/30	Wm. Corwin Allen	10/21	Janice L. Seabaugh
		10/21	Douglas Bankhead
10/01	James J. Sowash	10/21	Jeffrey Huebner
10/04	Dana Schoenleber	10/22	Stephen Colbert
10/04	Milamari Cunningham	10/27	Troy Dean Scheidt
10/07	John B. Baird	10/27	Lee W. Trammell
10/08	Stephen H. Weinstein	10/27	David Brummett
10/08	Maarten Nieuwenhuizen	10/27	Kara Braudis
10/08	Michael J. Szewczyk	10/29	Holly B. Ford
10/10	Frederick Lobati	10/31	Justin A Malone



MSMA NOW OFFERING NEW TYPES OF INSURANCE “PRIVATE CLIENT PROTECTION”

The MSMA Insurance Agency is now offering home, personal collections, personal liability and automobile insurance coverage. This insurance product, called Private Client Protection, will help you experience the peace of mind that comes from working with insurance professionals who understand your unique needs, and products that deliver coverage solutions and services.

Homeowners with Protection endorsement*

By adding the Private Client Protection endorsement to your Homeowners policy you will receive additional layers of superior coverage and peace of mind:

- Unlimited Replacement Cost coverage for Dwelling and Other Structures
- Loss of Use coverage for the reasonable amount of time required to restore your home
- Backup Sewer and Drain coverage with no special limits, subject to a policy or state-specific deductible
- Deductibles up to \$50,000 are waived for a covered loss over \$50,000, except if a special deductible applies
- Travel Assistance and Identify Theft Protection included
- Accidental Breakage special limits up to \$100,000 for crystal, china, porcelains, figurines and other fragile items
- Personal Property special limits for items lost, misplaced or stolen: up to \$25,000 for jewelry and no dollar limit for guns and silverware
- Even more coverage and protection is available, check with the MSMA insurance coverage for all the information.

Personal Excess Liability with Protection endorsement*

With the Private Client Protection endorsement, our Personal Excess Liability policy provides critical financial protection to you:

- Excess Liability limits up to \$25 million available
- Optional Uninsured and Underinsured Motorist and Third-Party Liability coverage up to \$5 million, Limited Employer Liability Protection (EPLI) and Non-Profit Director & Officer coverage
- Expanded Defense coverage up to \$250,000 for reasonable expenses to consult with the law firm of your choice on a covered defense
- Family Trust Management Practices Errors & Omissions defense coverage up to an annual aggregate of \$250,000
- Liability coverage for watercraft, rented or borrowed for 45 days or less, with no size, speed or geographic limitation
- Crisis Management up to \$250,000 for mitigation of potential damages or injury to your reputation

Automobile*

Our superior protection provides broad comprehensive and collision coverages you expect, and includes benefits that go beyond standard policies:

- Roadside Assistance that includes: towing within 100 miles from where a car is disabled; delivery of supplies; battery services; assistance with flat tires, lockout services; and trip interruption expense
- Uninsured and Underinsured Motorist coverage up to \$1 million
- Agreed or Actual Cash Value on all vehicle types
- Auto Rental expense coverage with no per-day limit
- Auto Loan and Lease Gap coverage
- Full glass replacement or repair of your client's auto windshield without a deductible
- Optional New Car Replacement coverage for vehicles up to 3 years old

*Policy and state specific restrictions may apply, coverages limitations may vary based on form selected.

For more information or to request a quote, contact the MSMA Insurance Agency at 866-676-2467, or visit www.MSMA.biz.

**BOONE COUNTY MEDICAL SOCIETY
Slate for 2017 Officers/Board**

OFFICERS

PRESIDENT: RAGHAV GOVINDARAJAN - Incumbent
PRESIDENT ELECT: FREDERICK FRAUNFELDER - Incumbent
SECRETARY/TREASURER: JOSH HAMANN - New

BOARD

JOHN PARDALOS	Incumbent
LARRY LAMPTON	Incumbent
ALAN HILLARD	Incumbent
AMY ZGUTA	Incumbent
NICK GOLDA	New
LAINE YOUNG-WALKER	New

HUNG WINN, PAST PRESIDENT



2017 NOMINATING COMMITTEE CONSISTED OF:
BCMS OFFICERS & BOARD AND THREE GENERAL MEMBERSHIP MEMBERS:
TED GROSHONG, RICHARD HEIMBURGER and BRIDGET EARLY



**Boone Hospital
Center** BJC HealthCare

Boone Hospital CME Seminar

1600 E. Broadway
Columbia, MO 65201

**Women's and Children's
Health: Review and
Update**

November 5, 2016



Agenda:

- 7:30 – 8:00..... Registration and Continental Breakfast. Exhibits Open
8:00 – 8:55..... UPDATE: Infertility and Reproductive Medicine. Dr. Gilbert Wilshire
9:00 – 9:45..... Complicated Monochorionic Twins. Dr. Michael Bebbington
9:45 – 10:05..... BREAK
10:05 – 10:35..... Obesity and Hypertension in Pregnancy. Dr. Lynn Puckett
10:40 – 11:10..... Primary Care Gynecology Update: Paps Recommendations and Options in Contraception. Dr. Leah Smith
11:15 – 12:00..... Pediatric Lipid Management. Dr. Gautam Singh
12:00 – 12:45..... LUNCH
12:45 – 1:05..... Pediatric Bronchiolitis Update. Dr. Blake Barnes
1:10 – 1:50..... 90651 (HPV) – It's More Than a Destination. Dr. Douglas Beal
1:55 – 2:45..... What's New in Neo? Neonatology Update. Dr. Timothy O'Connor

Maximum of 6 AMA PRA Category 1 Credit available

RSVP by Wednesday, November 2 to:
Judy Feintuch, 573.815.3498 or jfeintuc@bjc.org or register online at
www.boone.org/cme

BCMS has financially contributed to this event so our members can attend this event at no charge.

BOONE COUNTY MEDICAL SOCIETY DISTINGUISHED PHYSICIAN AWARD (Previously called Doctor of the Year Award) NOMINATION FORM

Nominations for our Distinguished Physician Award are being solicited. This award will be given annually only if there is a nominee who meets the following criteria.

To be eligible, the nominee must: (1 and 2 are mandatory)

1. Be a member in good standing of BCMS, who has made a significant contribution in his/her practice of medicine, and be nominated by a fellow BCMS member.
2. Have a minimum of 15 years in the practice of medicine with at least five years of practice in Boone, Howard or Cooper Counties. (The board reserves the right to waive the phrase "with at least five years of practice in Boone, Howard or Cooper Counties" if appropriate.)

The ideal nominee will meet at least ONE of the criteria described below:

1. Local, state or national recognition in their specialty.
2. Significant contributions to medical research, teaching or scientific publications.
3. Significant contributions to organized medicine outside of Boone, Howard or Cooper Counties.
4. Significant community involvement outside of medicine.
5. Noteworthy humanitarian efforts on a local, national or international level.

The BCMS Distinguished Physician Award Committee and the Board of Directors will select the recipient and the winner will be notified by the Board President. The award will be presented during the Annual Gala/General Membership Meeting held on January 21, 2017. (Whenever possible, the person who nominates the recipient will be asked to aid in the presentation of the award.)

Complete the information below and return it with your letter of support and your nominee's CV **no later than November 1, 2016 to:**

BCMS
Box 196, Columbia, MO 65205-0196
FAX: 573/814-3765 or EMAIL: bcms@socket.net

Nominee's Name: _____
Years in Practice in Boone, Howard or Cooper Counties: _____
Your Name: _____
Your Phone Number: _____
Your Email Address: _____

Boone County Medical Society
Box 196
Columbia, MO 65205-0196

Return Service Requested

Presorted
Standard
U.S. Postage
PAID
Columbia, MO
Permit 148

When: 2 hours before game time.

Mizzou
October 29th
Kentucky
Time: TBD

VS



BCMS & BCMSA
6th Annual Family
Football Tailgate



Boone Hospital CME Seminar
1600 E. Broadway, Columbia, MO 65201

Women's and Children's
Health: Review and
Update

NOVEMBER 5, 2016

RSVP by Wednesday, November 2 to:
Judy Feintuch, 573.815.3498 or
jfeintuc@bjc.org or register online at
www.boone.org/cme

BCMS has financially contributed to
this event so our members can attend
this event at no charge.