

# PRESSCRIPTIONS

BOONE COUNTY MEDICAL SOCIETY



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# BOONE COUNTY MEDICAL SOCIETY



*Prescriptions* is published bi-monthly for members of BCMS (physician members in Boone, Cooper and Howard Counties). Deadline for submission of materials is the 15th of each month preceding publication.

## **MISSION:**

The Boone County Medical Society's mission is to support the physicians of Boone, Howard and Cooper Counties and others across the State of Missouri in their efforts to provide high quality patient-centered care.

## **VISION:**

The Boone County Medical Society will be an indispensable unifying voice for the physicians in Boone, Howard and Cooper Counties in:

- ⌘ Providing high quality continuing medical education.
- ⌘ Advocating for the physicians and patients of Boone, Howard and Cooper counties as well as others across the State of Missouri and
- ⌘ Providing mentorship for the next generation of physicians through professional development and active participation in organized medicine.

## **VALUES:**

The Boone County Medical Society will embrace the values of leadership, professionalism, collegiality, advocacy, transparency, inclusiveness and fairness while pursuing its vision and mission.

# PRESCRIPTIONS

VOLUME: 34      ISSUE: 1

## **OFFICERS**

### **President**

Raghav Govindarajan, M.D.

### **President Elect**

Frederick Fraunfelder, M.D., M.B.A.

### **Secretary/Treasurer**

Josh Hamann, M.D.

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Hung Winn, M.D., J.D., M.B.A.

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Laine Young-Walker, M.D.

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Sonia Boodram

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Lisa Thomas, M.D., Vice Councilor, Dist. V

### **MO AMA Delegate**

Ted Groshong, M.D.

### **AMA Council on Legislation & MSMA Council on Judicial and Ethical Affairs**

Jerry Kennett, M.D.

### ***Prescriptions* Editor**

Steven Westgate, M.D.

### **Managing Editor/BCMS Executive Director**

Beverly Wilcox

## **Boone County Medical Society**

Box 196, Columbia, MO 65205

(573) 814-1894

[bcms@socket.net](mailto:bcms@socket.net)

[www.boonecountymedicalsociety.org](http://www.boonecountymedicalsociety.org)

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# PRESIDENT'S MESSAGE

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Dear Colleagues,

It is my immense pleasure and pride to represent you as the 115th president of your Boone County Medical Society (BCMS). I have prioritized the following five goals of my presidency and these include:

1. Increase active membership of BCMS by 10%.
2. Increase participation of residents and fellows within BCMS and create a new resident/fellow board membership.
3. Revise bylaws to reflect current standings of BCMS.
4. Create a new advocacy arm of BCMS and increase BCMS involvement in local healthcare associated issues and collaborate with MSMA at the state level.
5. Publish our now bi-monthly newsletter, Prescriptions, to reflect more individual membership involvement.

Now more than ever active membership within organized medicine is needed. Multiple regulatory issues affecting physicians is impacting physician-patient relationship and in many cases leading to burn out among young and old alike.

At the same time membership within many organizations is gradually decreasing and BCMS is no exception. As your president, my priority is to find innovative ways to increase membership so that we physicians have a unified voice in fighting these regulations. We

have selected a diverse and dynamic board membership representing both academics and private practice and we (the entire board) will be reaching out to you to get your input on how this can be accomplished.

The younger generation, be it students, residents or fellows, are the future of the organization. While there is a board membership representing medical students, we will be creating a new position for resident/fellows (pending board approval) to hear their voices and at the same time expose them to the regulatory and other issues facing medicine.

In keeping with the multiple changes within BCMS and organized medicine we will be revising our bylaws to reflect current standings (bylaws were last revised more than 20 years ago). I will be working with our past presidents and board on this.

I have a strong belief that one of the biggest assets of BCMS is its diverse membership with a wide variety of experience. I want to harness this and create an advocacy arm of BCMS (pending board approval) that will be involved in providing input on healthcare related advocacy issues both locally and at the state level. We will be collaborating with MSMA where needed and we will reach out to you to get your input on various advocacy issues.

Finally, we will be revising the Prescriptions newsletter to reflect more individual membership involvement. I request you all to send in photos/other materials of events that you have organized or are involved in for us to publish. Beverly Wilcox, our Director, will be reaching out to you so that we may share and celebrate your success with all our members.

I am looking forward to a productive 2017!

Sincerely,

Raghav Govindarajan, M.D.,  
BCMS President

# LETTERS TO THE EDITOR



December 21, 2016

To: Hung Winn, MD, JD,  
MBA, President

Thank you for your December 6 letter regarding the selection of Jeffrey Berry as recipient of the Society's 2016

Roland and Virginia Ladenson Scholarship. He is clearly an outstanding medical student with a promising future in primary care medicine.

Our father and mother would be very pleased about the recognition of this outstanding medical student. My brother sister and I are most grateful for the Society's wise stewardship of this scholarship fund in our parents' memory.

With warm appreciation and best wishes for the holiday season.

Sincerely

Paul W. Ladenson, M.D.  
John Eager Howard Professor of  
Endocrinology & Metabolism  
University Distinguished Service Professor



Dear Members of the Boone County Medical Society:

I write today to express my incredible gratitude for your selection of me for this year's scholarship. This tremendously generous gift will be greatly impactful in terms of

eliminating much of the financial burdens of this expensive year. I would imagine, knowing my amazing peers that this selection process was not an easy one, yet I so appreciate your dedication to this scholarship and hope to communicate how fortunate I feel to have been chosen. Thank you.

Born in Columbia at University Hospital and raised throughout Boone County, a scholarship from BCMS just carries that much more value to me. This community is my family and has been instrumental in shaping me into the person I am today and for that I am so very grateful. To this end, I am elated to share that my upcoming years of training in residency will be spent continuing in Columbia at the University of Missouri Hospital specializing in Emergency Medicine. I am so excited to enter into this next juncture of this awesome journey enveloped in the community I've come to love.

Again, please accept my sincere "thanks" and know how appreciative I am for this great gift. Thank you and happy holidays!!

Warm regards,

*Rylee Duckworth*



Dear Boone County Medical Society and the Ladenson Family:

Thank you so much for the scholarship. It is quite an honor to receive such a scholarship and I'm extremely grateful to be the recipient. I'm dedicated to primary care and see it as one of the most important fields for the future of medicine. This award will be extremely helpful, and thanks again for the honor

*Jeff Berry*



# 2017 BCMS OFFICERS & BOARD

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Raghav Govindarajan  
President  
Neurology - MU



Frederick Fraunfelder  
Pres Elect  
Ophthalmology - MU



Josh Hamann  
Secretary/Treasurer  
Columbia Ortho Group



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Ophthalmology  
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Nicholas Golda  
Dermatology  
MU



Laine Young-Walker  
Psychiatry  
MU



David Mallory, MC



Ravi Johar, MSMA President



2017 BCMS Officers & Board taking their Oath of Office





Patricia Blair, 2016 Distinguished Physician



Ted Groshong, 50 Year Physician



Georgian Toast



Josiah Bryan and the Jazz Couriers



Hung Winn, 2016 BCMS President



MU Residents and Mizzou Medical Society Members



**BCMS IS MATCHING THIS REWARD PROGRAM FOR OUR MEMBERS.**

**MSMA**



As an MSMA member, you are our best advocate! You know first-hand the value your membership provides to you and the medical profession. Share the benefits of MSMA membership with your colleagues through our Member-Get-A-Member campaign, and earn rewards with each new recruit.



**Timeline**

Campaign runs October 1, 2016, through May 31, 2017



**Rewards**

Earn a \$15 credit toward your 2018 MSMA dues for each new member recruited (up to 10). With 10 recruits your name will be entered in a drawing for a chance to win a tablet.



**Browse the Directory**

Visit the MSMA online directory to see who of your colleagues and friends are not active MSMA members.



**Online Resources**

MSMA has online resources available to members to assist with their recruitment efforts. You can send emails to friends (samples available), post provided graphics on your social media sites (or make your own), or use our tips to talk with non-members.



**Recruited by...**

Be sure all your recruits know they must include your name on the Recruited By line in order for you to get your recruitment credits.



**Earn Recognition**

MSMA wants to recognize you as a recruiter for your hard work. When you reach certain recruitment levels we will showcase your achievements online with a special badge.

Go to [www.MSMA.org/Member-Get-A-Member](http://www.MSMA.org/Member-Get-A-Member) for all details and rules.





## Email to BCMS from Frank Rieger

We really miss Missouri and all of our great friends-- especially all of you associated with the BCMS!! Our social life is not as busy but we do see our family on a regular basis. Reggie's mother is 87 and she just sold her house of 60 years and has moved into a small apartment behind her grandson's house. Reggie and her sister have been instrumental in helping their mother with the move both physically and emotionally. We are doing well and have even had a little cold weather with the low being 24 F this past weekend. The great thing is that it doesn't last long and today it was back in the 70's. This mild winter weather is providing good working conditions for our house and we anticipate they will start with the brick and stucco tomorrow. We are planning on moving into the new house by May. I became a little nostalgic when I read about the Gala in Prescriptions. We are not involved in organized medicine in Baton Rouge yet but maybe as we get better settled. I really appreciate getting Prescriptions and keeping up with what is going on in Columbia. My work is great in that I am in a quiet outpatient clinic in Baton Rouge far away from all the drama in New Orleans at the big brand new VA hospital. Please stay in touch and tell everyone hello for us. We really miss all of you.

*Frank and Reggie*

### MONTHLY RETIRED PHYSICIAN LUNCHEON

Retired physician luncheon meets on the 3rd Wednesday of each month at 12:00PM (noon)

**Arris' Pizza**  
1020 E Green Meadows Rd  
#102  
Columbia, MO 65201

No reservation needed, just show up.



## JANUARY / FEBRUARY

- 1/3 Jeffrey B. Jorgensen
- 1/5 David Wayne Moreton
- 1/6 Kristen Fernandez
- 1/7 Mohammad Agha
- 1/8 Robert E. Frazier
- 1/10 Jerry D. Kennett
- 1/10 Sidney G. Christiansen
- 1/10 Terry Lynn Ray
- 1/15 Elizabeth James
- 1/17 David E. Payne
- 1/17 Richard Heimburger
- 1/18 Mark Wakefield
- 1/18 Emily Guyer
- 1/19 William Cass
- 1/19 Lynn D. Mitchell
- 1/19 Thomas Aletto
- 1/20 Dan L. Pierce
- 1/21 Elizabeth Early
- 1/24 James T Elliott
- 1/24 Kimberly Morse
- 1/25 Pradeep Bollu
- 1/25 Justin D Terrell
- 1/26 Georgia B. Nolph
- 1/29 Chia-Wai D Chang
- 2/4 Kathy Lentz
- 2/11 Kenneth Rall
- 2/11 Hung Winn
- 2/11 Alan E. Hillard
- 2/13 Roland E. Lohmar
- 2/20 Robert E. McDavid
- 2/20 David Hinds
- 2/21 Jerry R. Blair
- 2/22 H.T. Lee
- 2/27 David L. McLaren



# Boone Hospital Center Stroke Review & Update\*

February 25, 2017 | 7:30am-Noon

**February 25, 2017 | 7:30 am-Noon**

Boone Hospital Conference Center  
1600 E. Broadway  
Columbia, MO 65201

**Registration, Breakfast Buffet, Exhibits**  
7:30-8 am

**CME Programs**  
8 am-Noon

## **CME Presentations**

Integration of Neuro-Rehabilitation Best Practices into Comprehensive Stroke Care  
Catherine Lang, PhD, Professor of Physical Therapy, Neurology, Occupational Therapy;  
Director, Neurorehabilitation Research Laboratory, Washington University

Sleep Apnea and Stroke  
David McLaren, MD, Boone Hospital Center

Acute Stroke Management: Review and Update  
Allyn Sher, MD, Medical Director, Boone Hospital Stroke Center

Stroke in the Young Adult  
Komal Ashraf, DO, Boone Hospital Center

**Please RSVP by February 20 to:  
Judy Feintuch**

Phone: 573-815-3498

Email: [jfeintuc@bjc.org](mailto:jfeintuc@bjc.org)

Or register online at [www.boone.org/cme](http://www.boone.org/cme)

Boone Hospital Center is accredited by the Missouri State Medical Association to provide continuing medical education for physicians. Boone Hospital Center designates this educational activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**\*BCMS is a financial contributor of this event so  
our members are able to attend at no charge.**



BOONE COUNTY MEDICAL SOCIETY  
CME\* & GENERAL MEMBERSHIP  
MEETING

**Health System Reform and Physician  
Payment Under MACRA**

By



**David Barbe, MD,  
MHA, FAAFP  
AMA President Elect**

**Join Dr. Barbe for the following learning objectives:**

1. What is the current state of health system reform
2. Know what the changes are in physician payment under Medicare
3. What are the provisions of MACRA

**Tuesday, March 7, 2017**

Social (6:30-7:00) Dinner, Business Meeting and Presentation (7:00-9:00)

BOONE HOSPITAL CENTER CONFERENCE ROOM C, 1600 E.  
BROADWAY, COLUMBIA

**RSVP Required by March 1, 2017**

To Boone County Medical Society

573.814.1894 website: [www.boonecountymedical society.org](http://www.boonecountymedical society.org) email: [bcms@socket.net](mailto:bcms@socket.net)

**Guest night for Boone County Medical Society Alliance**

\* Institute for International Medicine (INMED) designates this educational activity for a maximum of 1 AMA PRA Category 1 Credit.™ Physicians should only claim credit commensurate with the extent of their participation in this activity.

This program has been planned and implemented in accordance with the essential areas and policies of the Missouri State Medical Association (MSMA) through the joint providership of Institute for International Medicine (INMED) and Boone County Medical Society. Institute for Internal Medicine (INMED) is accredited by MSMA to provide continuing medical education for physicians.



**Boone County Medical Society**  
**Box 196**  
**Columbia, MO 65205-0196**

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**Boone Hospital Center**  
**Stroke Review & Update\***  
February 25, 2017 | 7:30am-Noon  
February 25, 2017 | 7:30 am-Noon  
Boone Hospital Conference Center  
1600 E. Broadway  
Columbia, MO 65201

**CME Presentations**  
Integration of Neuro-Rehabilitation Best Practices into  
Comprehensive Stroke Care  
Sleep Apnea and Stroke  
Acute Stroke Management: Review and Update  
Stroke in the Young Adult

\*BCMS is a financial contributor of this event so our  
members are able to attend at no charge.

**RSVP by February 20**